

5th February 2019

Dear Parent,

Assalaamu Alaikum/Peace Be With You

I am writing for your support to ensure that your child uses the internet safely when at home.

Each year, a growing number of our sons and daughters are misusing the internet, causing a lot of hurt and upset to them and others. This includes:

- Being exposed to language, images and videos which are very harmful to a young person.
- Talking online to adult strangers who are pretending to be a teenager.
- Posting images and videos of themselves online which cause great hurt and upset.
- Using the internet for long hours late at night in their bedroom.

This can happen to any child - at any age - including your son or daughter.

The internet is an excellent resource - helping our children to learn, research and communicate with others. However, if it is not properly supervised or managed by parents, the internet can also be very harmful.

As parents, our most important responsibility is to keep our children safe. This is why we must do everything to ensure our sons and daughters are safe when online.

In particular, we really need you to:

- 1. Only give your child a phone or personal device if they are mature enough to understand the risk and respect the rules.
- 2. Agree rules about what your child can do or see when online (see the back of this letter).
- 3. Ensure that your child uses the internet on their phone or device when a parent is present in the same room
- 4. Ask your child to leave the phone with you overnight before they go to sleep each night.
- 5. Contact your internet provider to apply strong filters and settings so that your child is not exposed to harmful images, videos and websites. The school can help you to set this up.

Thank you for all of your support with this. I pray that the Almighty safeguards all of our children at all times and inspires us to protect them from harm. Aameen.

If you have any questions or concerns, or need help with setting up a safer internet in the home, please contact your child's school.

Yours sincerely,

(Mufti) Hamid Patel

Chief Executive

Our Internet Rules

- 1. Never visit websites that parents would not approve of.
- 2. Only use the internet at times agreed with parents.
- 3. Always report abuse or inappropriate websites, images and videos to parents.
- 4. Always respect everyone online.
- 5. Never accept 'friend' requests from strangers or people your parents would not approve of.
- 6. Never post/share inappropriate photos of yourself or others. Never share photos of others without their permission.
- 7. Do not share passwords with anyone else, even friends.
- 8. Never share screenshots of conversations.
- 9. Never lie or make hurtful comments online.
- 10. Never create fake accounts to cause distress to others.